

TIPS FOR STAYING SAFE

- DO find out as much information as you can (for example from helpful websites or libraries)
- DO make a list of people you can trust and talk to (teachers, family and friends) & keep it in a safe place
- DON'T try to sort the problem out by yourself
- REMEMBER - It isn't your fault and you are not alone!

CONTACT US



www.shaktiedinburgh.co.uk
info@shakyouth.co.uk

0131 475 2399 (Mon-Fri 10-5pm)
0131 475 2301 (Fax)



Or visit us at: Shakti Women's Aid
Norton Park, 57 Albion Road, Edinburgh EH7 5QY



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Children & Young Peoples OUTREACH SERVICE



Registered Scottish Charity Number SC 008837

Shakti Women's Aid is a company limited by guarantee registration number SC273279

Children & Young People's OUTREACH SERVICE

Shakti Women's Aid is a voluntary organisation offering support and information to all black minority ethnic (BME) women and their children affected by domestic abuse.


Our Children and Young People's Outreach Service is provided for young people up to 18 years to give you greater access to support within your community. We can come to see you in a safe convenient place in the community or your school.

Support can involve:

- *One-to-one emotional support*
- *Advocacy*
- *Group work*
- *Providing information to cope with the effects of domestic abuse*
- *Providing information about other youth services*
- *Providing links (referrals) to other local groups*

We are here to **listen** to any child or young person who needs support, in a **safe and secure environment**.

Even though we are a Women's Aid group, our Children's Services are available for both girls and boys up to the age of 16 years (18 if you are at school).



A SERVICE THAT'S ABOUT YOU!
We work to make sure that **YOUR**
needs are central to our service.

SAFETY & SECURITY

Shakti CYP Outreach will always make sure support is given in a safe and secure place.

CONFIDENTIALITY

Shakti CYP Outreach Service is **free** and **confidential**. We will not do anything without talking to you first and will only contact other professional workers to help you if we feel your safety is at risk.

WORKING WITH YOUR COMMUNITY

Shakti understands the kinds of issues young black minority ethnic people can face at home and in their communities, like isolation, racism or bullying.

Our Outreach Services are sensitive to the various issues you might be experiencing and only where suitable (and agreed by yourself), will work in partnership with other agencies.

OTHER SHAKTI SERVICES

We also have other services offering help and support to black minority ethnic women and their children experiencing domestic abuse, including:

- **Refuge and accommodation support**
- **Follow-on support**
- **Assistance with information regarding legal issues and immigration**
- **Assistance with information regarding education and employment**

